



**Measures and
guidelines for the
reopening of sports
centers, gyms and
personal training
services in relation
to **COVID-19****



**WE ARE
RESPONSIBLE**

**FOR YOU, OUR LOVED ONES
AND EVERYONE!**



The EMS Revolution team strengthens its commitment to you, your sports center, and your activity as a trainer.

Today, more than ever, your safety, that of your team, and above all, that of your users will be our main objective for the return to the "new normality".

The sports industry is expected to be one of the sectors with the most restrictions. We must be prepared for this.

In order to fulfill our purpose, we recommend the following safety protection measures to prevent unnecessary risks that will allow us to return to normality in a progressive and gradual way.

In this way, your users will be able to resume their activity and will continue to maintain the confidence they had in you.



GENERAL MEASURES



Safety distance 1.5
meters



Strict capacity
control



Set up an
appointment system

Discover what the **ZERO CONTACT** training service consists of

1



The client will book his/her training online or by phone.

2



Before we enter the center, we need to disinfect our shoes. We can use sticky disinfectant mats.

3



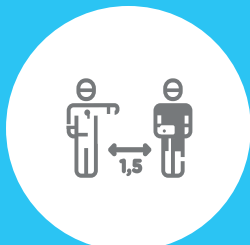
The client must bring his/her gloves and mask. If he/she does not have them, we will have to provide them before he/she enters the facilities.

4



Inside the center: Change of street clothes for totally disinfected sports clothes (use ozone as one of the fastest and most effective alternatives) in the changing room. It is important to leave a designated area for each client in the changing area.

5



The user is ready to train and with the suit on. Our staff will have to wear a mask and gloves to impart the training and always maintain (as far as possible) a safety distance of 1.5 meters.

6



After each training session, our trainer disinfects the electrostimulation suit, the fanny pack, the device, and the underwear used in the workout (t-shirt and trousers) with antibacterial products or in the ozone closet.

RECOMMENDATIONS

FOR OUR CLIENTS AND EMPLOYEES

CLIENTS

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- The sports industry is expected to be one of the sectors with the most restrictions. We must be prepared for this.
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EMPLOYEES

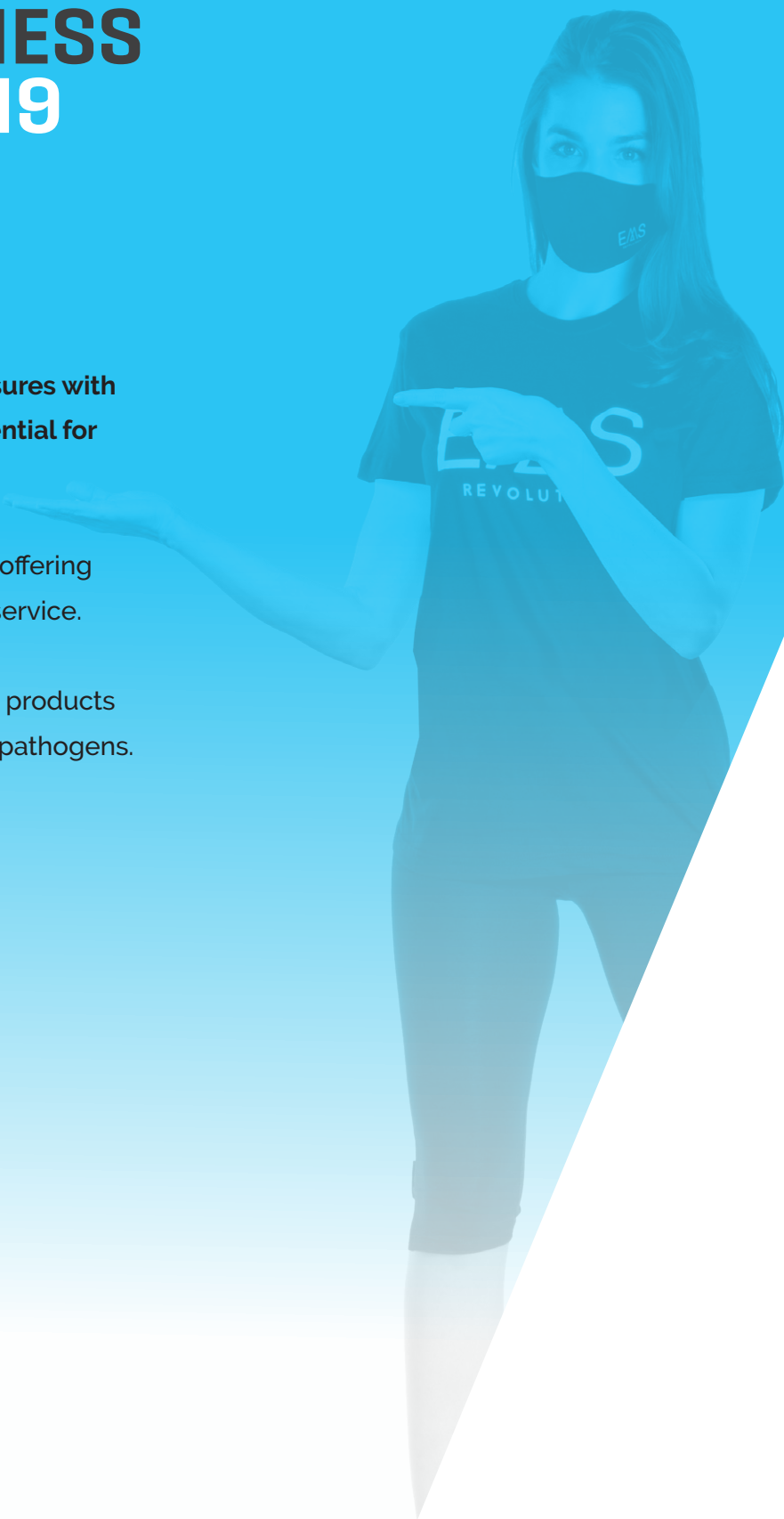
- Specific training for our professionals to comply with the established preventive measures.
- Each staff member must take his/her material every day, leaving free and clean lockers and common areas
- Personal training professionals will maintain a distance of 1.5 meters from the user and wear masks and gloves at all times.
- All the activities that can be moved outdoors will be carried out in the open air, guaranteeing a distance of 1.5 meters between people.

ELECTROFITNESS ANTI-COVID-19 SOLUTION

Below, we provide the specific measures with the training material, which are essential for the safety of our users

These tools will allow us to continue offering our users a quality and professional service.

We recommend the use of approved products for disinfection and effective against pathogens.



**If you purchase the
1 or 2 USERS PACK,
we provide disinfection
FREE OF CHARGE!**

For our electrostimulation suits, we have taken their disinfection into account as a key aspect to guarantee total hygiene in the interaction with our user, which is why we give you the **ULTRAVIOLET** treatment as a gift.

A very simple lamp to use that you can use in a fixed or portable way and with 99% sterilization effectiveness. This is how you GUARANTEE that your suits are virus-free.

WHY **ULTRAVIOLET** LIGHT?

- The International Ultraviolet Association (IUVA) endorses and recommends the use of UV-C technology against COVID-19.
- Additionally, UV-C light inactivates two other coronaviruses that are close to the COVID-19 virus. These are SARS-CoV [3] and MERS-CoV [4].
- The lamp uses UV-C LED with lower consumption and maximum efficiency.
- It weighs only 134 grams and has a bacterial mortality rate of 99.9%
- USB port rechargeable

ANTIBACTERIAL UV LAMP



**If you purchase
the 4 USERS PACK,
we provide you with disinfection
FREE OF CHARGE!**

For its effectiveness, maintenance, and above all, for its recommendation as an effective disinfection agent, we are giving you the **OZONE** treatment, a disinfectant mat, the **ULTRAVIOLET** treatment and four face masks. In this way, we **GUARANTEE** a virus-free center.

WHY OZONE?

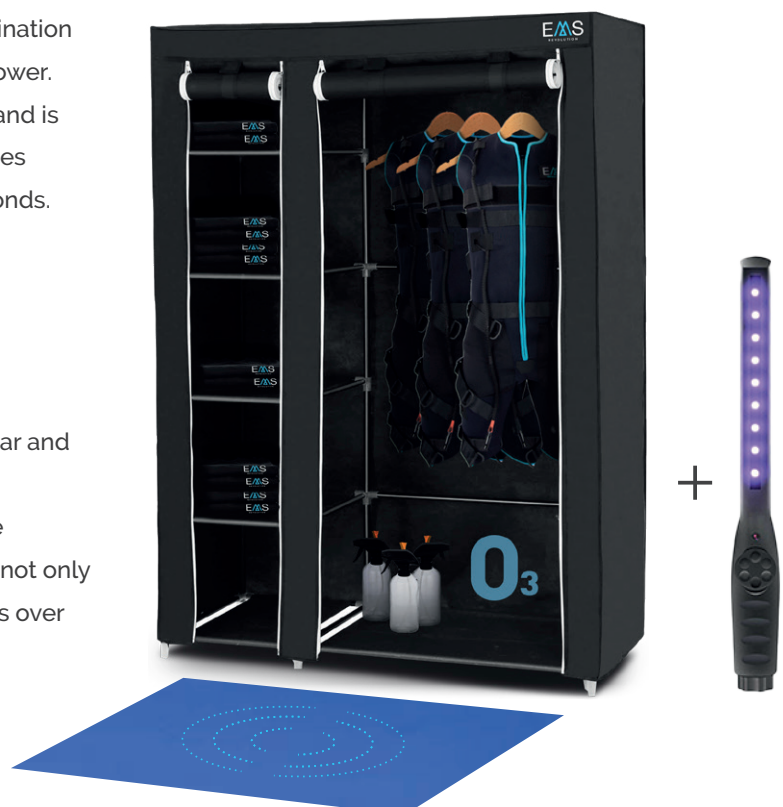
ACCORDING TO THE WORLD HEALTH ORGANIZATION (WHO), THIS GAS PRESENT IN THE ATMOSPHERE IS THE MOST POTENT DISINFECTANT AGAINST ALL TYPES OF MICROORGANISMS.

Ozone has proven effectiveness as a biocide (elimination of harmful, living organisms) due to its oxidizing power. It destroys numerous viruses, bacteria, and fungi, and is very effective against the coronavirus family. Studies show that it kills over 99% of viruses in just 20 seconds.

DISINFECTANT MAT

One of the most effective ways to disinfect footwear and keep your space free of COVID-19. Contaminating bacteria on or near the shoe will be trapped by the adhesive elements of the mat. It is not only suitable for shoes but also for anything that passes over the mat (e.g., trolleys, suitcases, etc.).

**CLOSET
EQUIPPED WITH
OZONE GENERATOR
+
DISINFECTANT MAT
+
4 FACE MASKS
+
ANTIBACTERIAL
UV LAMP**



Why should I take security measures to ensure quality client service?

First, for your health. Also, for that of your users, family, and friends since you interact with them after the activity.

In addition, we imagine that due to the temporary shutdown situation, financial resources have suffered a decrease. We need to find a solution to people's fear around COVID in enclosed sports centers, and all training services likewise. We need to help our clients overcome that fear so they would want to attend our center and subscribe to our fitness plans, for example, personal training sessions.

Excellent customer service and the necessary hygiene measures will give your sports center a privileged position in the market—a professional center with an excellent reputation.

As a result, you will have the most important thing for your business: your users' full confidence.

